



# Virginia Nursing School Clinical Clearance Checklist

Starting a nursing or allied-health program in Virginia means clearing a list of health requirements before your first clinical rotation. This free checklist explains, in plain English, the items Virginia programs most commonly ask for — what each one usually means, what documentation is typically accepted, and the mistakes that most often cause delays. Use it as a study aid alongside your program's official requirements.

**Important:** Requirements vary by program and change over time. Your school, employer, clinical site, or compliance platform always makes the final decision about what they accept. Always confirm against your own program's official checklist.

## The Common-Requirements Checklist

Requirement	What it usually means	Documentation usually accepted
<input type="checkbox"/> <b>Tuberculosis (TB) screening</b>	Checks for TB infection. Often a QuantiFERON-TB Gold Plus blood test, or a 1- or 2-step skin test (TST/PPD).	Lab report with result + collection date, or a signed TST form. Some programs require the blood test specifically.
<input type="checkbox"/> <b>MMR immunity (titers)</b>	Blood titers showing immunity to measles, mumps, and rubella — or proof of 2 documented MMR vaccine doses.	Quantitative IgG titer lab report, or vaccination records showing 2 valid doses.
<input type="checkbox"/> <b>Varicella (chickenpox) immunity</b>	A Varicella IgG titer, or proof of 2 documented varicella vaccine doses.	Quantitative IgG titer lab report, or 2-dose vaccination records.
<input type="checkbox"/> <b>Hepatitis B surface antibody</b>	A quantitative anti-HBs titer showing immunity from the Hep B vaccine series.	Quantitative Hep B surface antibody (anti-HBs) lab report.
<input type="checkbox"/> <b>Tdap vaccine</b>	Tetanus, diphtheria, pertussis vaccine, usually within the last 10 years.	Vaccination record with date.
<input type="checkbox"/> <b>Influenza (seasonal)</b>	Annual flu shot, usually required during flu season.	Vaccination record for the current season.
<input type="checkbox"/> <b>COVID-19</b>	Varies widely by program and clinical site; some require it, many no longer do.	Vaccination record or program-specific form, if required.
<input type="checkbox"/> <b>BLS / CPR certification</b>	Basic Life Support for healthcare providers (commonly AHA).	Current BLS provider card.
<input type="checkbox"/> <b>Physical exam / health form</b>	A general health form signed by a clinician.	Program's own health form, completed and signed.
<input type="checkbox"/> <b>Background check &amp; drug screen</b>	Standard pre-clinical screening, handled through a compliance vendor.	Completed through CastleBranch, ViewPoint, Complio, or similar.
<input type="checkbox"/> <b>Document upload</b>	Most programs require you to upload everything to a compliance platform.	CastleBranch, ViewPoint Screening, or Complio account.

Tip: print this page and check the box as each item is confirmed accepted in your compliance portal — not just submitted.

## Plain-English Guide: What These Tests Actually Mean

### “What is a titer?”

A titer is a blood test that measures the level of antibodies in your blood. For nursing school, titers are used to show you are immune to certain diseases (measles, mumps, rubella, varicella, hepatitis B) — usually from past vaccination. A titer is reported as **immune**, **non-immune**, or **equivocal/indeterminate**.

### “What does ‘non-immune’ mean? Do I have a disease?”

No. **Non-immune** simply means the blood test did not detect enough antibody for the lab to classify you as protected. It is common, especially years after childhood vaccination, and it does **not** mean you are sick. The usual next step is to talk with your own clinician about a booster or repeat titer. (One quirk: the standard varicella blood test often misses vaccine-based immunity, so your documented vaccine records can matter as much as the titer.)

### “QuantiFERON-TB Gold Plus vs. the skin test (TST/PPD)?”

Both screen for TB infection. QuantiFERON is a single blood draw — no second visit. The skin test (TST/PPD) requires a placement and a return visit 48–72 hours later to be read, and a “2-step” version repeats that. Some Virginia programs accept either; a few require one specifically. Check your program’s wording.

### “What are CastleBranch, ViewPoint, and Complio?”

These are the compliance platforms most Virginia programs use. You create an account and upload your lab reports, vaccine records, and signed forms. A reviewer marks each item compliant or non-compliant. Submitting is not the same as being marked compliant — watch for items sent back for a missing date, wrong test, or unsigned form.

## Five Mistakes That Delay Clearance

1. Submitting a **qualitative** titer when the program requires a **quantitative** (numeric) result.
2. Uploading a lab report with **no collection date** or missing your full legal name.
3. Assuming “submitted” means “accepted” — always confirm each item is marked compliant.
4. Getting a **1-step** TB skin test when a **2-step** or blood test is required.
5. Waiting until the deadline — titers, boosters, and repeat tests can take days to weeks.

## Where Practiclear fits in

Practiclear is a Virginia-only telehealth service (launching **June 1, 2026**) that orders screening labs — QuantiFERON-TB Gold Plus, MMR titers, Varicella IgG, and Hepatitis B surface antibody — and provides clinician-signed screening documentation, reviewed by a Virginia-licensed nurse practitioner. No insurance and no traditional office visit required. Whether your school, employer, or clinical site accepts any documentation is always their decision.

Join the early-access list at [practiclear.com](https://practiclear.com) to be notified the day ordering opens.

This checklist is general educational information, not medical advice, and does not create a provider-patient relationship. It does not diagnose any condition or determine medical clearance, fitness for duty, or eligibility for any program. For questions about your own health or results, talk with your personal healthcare provider. Requirements differ by program and change over time — always follow your own program’s official requirements. Schools, employers, and clinical sites make their own decisions about what documentation they accept.

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